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El Cajon Collaborative Homeless Services Work Group

March 3, 2019--Meeting Agenda

9:00 a.m. to 10:30 a.m.

CVUSD Board Room 750 E. Main St., El Cajon 92020

Meeting Purpose: Support, promote and execute community wide and CVUSD activities to support families that are experiencing homelessness or are at risk.

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| **Agenda Items** | **Time** | **Presenter** | **Action** |
| 1. **Welcome and Introductions:** | 9:00 | Carol |  |
| **II. Review of February Meeting** | 9:10 | Carol |  |
| 1. **Discussion**  * **Mental Health Services Available** * **Request for Information- City of El Cajon** | 9:15  9:45 | Group discussion |  |
| 1. **Project Homeless Connect Support**  * **Registration to Volunteer** * **Hygiene Packets** | 10:10 | Group |  |
| 1. **World of Wellness Resource Fair**   **Lexington Elementary School**  **March 26th 2:00-4:30 Resources** | 10:15 | Sign up this week |  |
| **V. Announcements and Adjournment Next meeting March 3, 2020** | 10:30 |  |  |

**Next Homeless Services Work Group Meeting: DARK April?**

Tuesday, March 3rd, 9:00 a.m. CVUSD Board Room- 750 E. Main St.

**El Cajon Council Meetings:**

Tuesday, March 3rd, 12:30 p.m. CVUSD Board Room- 750 E. Main St.

**ECHTF Access to Services Solutions Group #4,** March 18th, 10:00 am Little House 131 Avocado Ave. EC

**El Cajon Collaborative Community Health Work Group**

Tuesday, March 17th, 8:30 a.m. Little House—CVUSD Wellness Council

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices

to enhance the quality of life for children, youth and families in our community.

2020-2024 Overall Strategic Focus

El Cajon Collaborative

1. **Increase access to healthy, nutritious food:**
2. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
3. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
4. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;
5. **Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
   1. Objective: Promote ACES education to the public and school districts;
   2. Objective: Support anti-bullying campaigns and education to families;
   3. Objective: Create community partnerships for IEP trainings and advocacy;
   4. Objective: Promote drug-free, smoke-free environments;
6. **Advance opportunities to create safe, healthy and livable neighborhoods.**
   1. Objective: Ensure safe, fair and affordable housing across the continuum of need;
   2. Objective: Increase community engagement in self-sufficiency opportunities;
   3. Objective: Increase opportunities for meaningful leadership and civic engagement;
   4. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;
7. **Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
   1. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
   2. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.